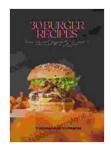
# Recipes For Whole Burgers That Are Simple, Delicious, and Perfect For The Everyday Cook

A good burger is a thing of beauty. It's juicy, flavorful, and satisfying. But if you're not careful, it can also be a greasy, messy, and unhealthy meal.

That's where these recipes come in. They're all for whole burgers that are simple to make, delicious to eat, and good for you. So whether you're a beginner cook or a seasoned pro, you're sure to find a recipe here that you'll love.

This is the classic cheeseburger that you know and love. It's made with ground beef, cheese, lettuce, tomato, onion, and pickles. It's simple to make and always delicious.



# 30 BURGER RECIPES: Recipes For Whole Burgers That Are Simple & Delicious for The Everyday Cook

by Stephen King

★ ★ ★ ★ ★ 5 out of 5 Language : English File size : 648 KB Text-to-Speech : Enabled Screen Reader : Supported Enhanced typesetting: Enabled Word Wise : Enabled Print length : 60 pages Lending : Enabled



# **Ingredients:**

- 1 pound ground beef
- 1/2 teaspoon salt
- 1/4 teaspoon black pepper
- 1 tablespoon Worcestershire sauce
- 1 tablespoon ketchup
- 1 tablespoon mustard
- 4 slices cheese
- 4 hamburger buns
- Lettuce, tomato, onion, and pickles, for toppings

### **Instructions:**

- 1. Preheat a grill or grill pan over medium heat.
- 2. In a large bowl, combine the ground beef, salt, pepper, Worcestershire sauce, ketchup, and mustard. Mix well.
- 3. Form the ground beef mixture into 4 patties.
- 4. Grill the patties for 4-5 minutes per side, or until cooked through.
- 5. Place a slice of cheese on each patty and grill for an additional minute, or until the cheese is melted.
- 6. Serve the cheeseburgers on hamburger buns with your favorite toppings.

This turkey burger is a healthier alternative to the classic cheeseburger. It's made with ground turkey, which is lower in fat and calories than ground beef. It's also packed with flavor, thanks to the addition of spices and herbs.

# **Ingredients:**

- 1 pound ground turkey
- 1/2 teaspoon salt
- 1/4 teaspoon black pepper
- 1 teaspoon chili powder
- 1 teaspoon cumin
- 1/2 teaspoon oregano
- 1/4 teaspoon garlic powder
- 1/4 teaspoon onion powder
- 4 hamburger buns
- Lettuce, tomato, onion, and pickles, for toppings

## **Instructions:**

- 1. Preheat a grill or grill pan over medium heat.
- 2. In a large bowl, combine the ground turkey, salt, pepper, chili powder, cumin, oregano, garlic powder, and onion powder. Mix well.
- 3. Form the ground turkey mixture into 4 patties.
- 4. Grill the patties for 4-5 minutes per side, or until cooked through.

5. Serve the turkey burgers on hamburger buns with your favorite toppings.

This salmon burger is a delicious and healthy way to get your omega-3 fatty acids. It's made with salmon, which is a good source of protein, healthy fats, and vitamins. It's also easy to make and can be grilled or baked.

# **Ingredients:**

- 1 pound salmon, skinless and boneless
- 1/2 teaspoon salt
- 1/4 teaspoon black pepper
- 1/4 cup bread crumbs
- 1/4 cup chopped onion
- 1/4 cup chopped parsley
- 1 egg
- 4 hamburger buns
- Lettuce, tomato, onion, and pickles, for toppings

# **Instructions:**

- 1. Preheat a grill or oven to 400 degrees Fahrenheit.
- 2. In a large bowl, combine the salmon, salt, pepper, bread crumbs, onion, parsley, and egg. Mix well.

- 3. Form the salmon mixture into 4 patties.
- 4. Grill the patties for 4-5 minutes per side, or until cooked through.
- 5. Bake the patties for 10-12 minutes, or until cooked through.
- 6. Serve the salmon burgers on hamburger buns with your favorite toppings.

This black bean burger is a vegan and gluten-free option that's packed with flavor. It's made with black beans, which are a good source of protein, fiber, and antioxidants. It's also easy to make and can be grilled or baked.

# Ingredients:

- 1 can (15 ounces) black beans, rinsed and drained
- 1/2 teaspoon salt
- 1/4 teaspoon black pepper
- 1/4 cup bread crumbs
- 1/4 cup chopped onion
- 1/4 cup chopped parsley
- 1 egg
- 4 hamburger buns
- Lettuce, tomato, onion, and pickles, for toppings

## **Instructions:**

1. Preheat a grill or oven to 400 degrees Fahrenheit.

- 2. In a large bowl, combine the black beans, salt, pepper, bread crumbs, onion, parsley, and egg. Mix well.
- 3. Form the black bean mixture into 4 patties.
- 4. Grill the patties for 4-5 minutes per side, or until cooked through.
- 5. Bake the patties for 10-12 minutes, or until cooked through.
- 6. Serve the black bean burgers on hamburger buns with your favorite toppings.

This portobello mushroom burger is a vegetarian option that's packed with flavor. It's made with portobello mushrooms, which are a good source of protein, fiber, and vitamins. It's also easy to make and can be grilled or baked.

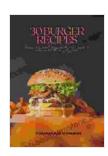
### **Ingredients:**

- 4 portobello mushrooms
- 1 tablespoon olive oil
- 1/2 teaspoon salt
- 1/4 teaspoon black pepper
- 1/4 cup chopped onion
- 1/4 cup chopped parsley
- 1/4 cup bread crumbs
- 1 egg
- 4 hamburger buns

Lettuce, tomato, onion, and pickles, for toppings

#### **Instructions:**

- 1. Preheat a grill or oven to 400 degrees Fahrenheit.
- 2. Remove the stems from the portobello mushrooms. Brush the mushrooms with olive oil and season with salt and pepper.
- 3. In a large bowl, combine the onion, parsley, bread crumbs

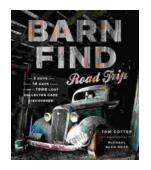


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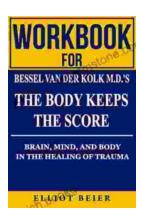
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